

# Staggs Chiropractic & Wellness Center

## Confidential Patient History

Today's Date: \_\_\_\_\_ Referred to our office by: \_\_\_\_\_

Title:  Mr.  Mrs.  Ms.  Dr.

Last: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Birth Date: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Sex:  Male  Female Last 4 digits of SSN: \_\_\_\_\_

Marital Status:  Single  Married  Widowed  Divorced

Address: \_\_\_\_\_ Apt # \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Your Employer: \_\_\_\_\_ Job Title: \_\_\_\_\_

Spouses Name: \_\_\_\_\_ Spouse's Employer: \_\_\_\_\_

Children (Names & Ages): \_\_\_\_\_

Emergency Contact: (Name) \_\_\_\_\_ Phone: \_\_\_\_\_

Do You Have Insurance?  Name Of Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

Previous chiropractor? \_\_\_\_\_ Last visit to the chiropractor? \_\_\_\_\_

Reason for leaving: \_\_\_\_\_

Present medical doctor or nurse practitioner: \_\_\_\_\_

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I acknowledge that I have received a copy of Staggs Chiropractic's privacy policy. I also acknowledge that although Staggs Chiropractic may submit insurance billings on my behalf, I am still responsible for any and all of the services provided at Staggs Chiropractic. I give permission to Staggs Chiropractic to send necessary records to my insurance company and/or attorney in order to process insurance claims. Additionally, I give my consent to be treated by the doctors at Staggs Chiropractic.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If the patient listed above is a minor, I consent to the doctors at Staggs Chiropractic treating (minor's name) \_\_\_\_\_. I further agree to the acknowledgements above.

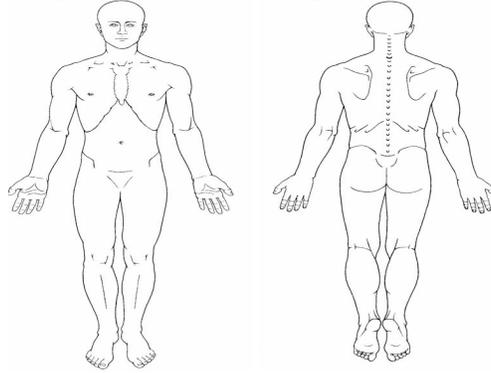
Name Of Parent/Guardian: \_\_\_\_\_ Relationship: \_\_\_\_\_

Signature Of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Place the proper letter(s) below on the area(s) of the diagram to indicate the symptoms you are experiencing:

A = ache    B = burning    N = numbness    P = pins and needles    S = sharp/stabbing



Circle the level of the severity of the symptoms on a scale from 0 to 10 with 0 being none and 10 being severe.

Neck 0-1-2-3-4-5-6-7-8-9-10

Arm 0-1-2-3-4-5-6-7-8-9-10

Headache 0-1-2-3-4-5-6-7-8-9-10

Hand 0-1-2-3-4-5-6-7-8-9-10

Upper back 0-1-2-3-4-5-6-7-8-9-10

Leg 0-1-2-3-4-5-6-7-8-9-10

Mid back 0-1-2-3-4-5-6-7-8-9-10

Foot 0-1-2-3-4-5-6-7-8-9-10

Low back 0-1-2-3-4-5-6-7-8-9-10

Other: \_\_\_\_\_ 0-1-2-3-4-5-6-7-8-9-10

Pelvis 0-1-2-3-4-5-6-7-8-9-10

Other: \_\_\_\_\_ 0-1-2-3-4-5-6-7-8-9-10

When did the symptoms begin? \_\_\_\_\_

What caused the symptoms: \_\_\_\_\_

Are the symptoms:  constant  frequent  intermittent  occasional

Are the current symptoms the result of a recent accident or injury?  yes  no

If yes, explain: \_\_\_\_\_

What makes the symptoms worse: \_\_\_\_\_

What makes the symptoms better? \_\_\_\_\_

Have you ever had these symptoms before? \_\_\_\_\_ When? \_\_\_\_\_

What have you tried to get rid of the symptoms that **DID NOT** work? \_\_\_\_\_

List the medications and dosages you currently take: \_\_\_\_\_

Was your problem caused at work? \_\_\_\_\_ If so, how? \_\_\_\_\_

List any surgeries, significant illnesses or injuries you have had (include dates): \_\_\_\_\_

**For Women Only**

Date of your last menstrual period: \_\_\_\_\_

Do you experience severe cramping with your menstrual period? \_\_\_\_\_

Do you suffer from PMS? \_\_\_\_\_

Are you pregnant? \_\_\_\_\_ If so, what is your due date? \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

**Personal & Family Health History**

Please review the diseases and conditions below and indicate those that apply using the following:

C = current condition                      P = past condition

Leave spaces blank if it does not apply

|                | You | Father | Mother | Siblings |                  | You | Father | Mother | Siblings |
|----------------|-----|--------|--------|----------|------------------|-----|--------|--------|----------|
| ADHD           |     |        |        |          | Emphysema        |     |        |        |          |
| Allergies      |     |        |        |          | Epilepsy         |     |        |        |          |
| Arthritis      |     |        |        |          | Headaches        |     |        |        |          |
| Asthma         |     |        |        |          | Migraines        |     |        |        |          |
| Autism         |     |        |        |          | Heartburn        |     |        |        |          |
| Back Trouble   |     |        |        |          | Heart Trouble    |     |        |        |          |
| Bed Wetting    |     |        |        |          | High Blood Press |     |        |        |          |
| Bursitis       |     |        |        |          | IBS              |     |        |        |          |
| Cancer         |     |        |        |          | Indigestion      |     |        |        |          |
| Constipation   |     |        |        |          | Infertility      |     |        |        |          |
| Crohn Disease  |     |        |        |          | Insomnia         |     |        |        |          |
| Depression     |     |        |        |          | Kidney Trouble   |     |        |        |          |
| Diabetes       |     |        |        |          | Nervousness      |     |        |        |          |
| Diarrhea       |     |        |        |          | Scoliosis        |     |        |        |          |
| Ear Infection  |     |        |        |          | Sinus Trouble    |     |        |        |          |
| Emotion Issues |     |        |        |          | Other:           |     |        |        |          |

**Activities Of Daily Living**

Please check appropriate box for each activity

|                 | Able to do alone | Need help to do | Cannot do |                      | Able to do alone | Need help to do | Cannot do |
|-----------------|------------------|-----------------|-----------|----------------------|------------------|-----------------|-----------|
| Bathing         |                  |                 |           | Shopping             |                  |                 |           |
| Dressing        |                  |                 |           | Cooking              |                  |                 |           |
| Grooming        |                  |                 |           | Managing Medications |                  |                 |           |
| Mouth Care      |                  |                 |           | Housework            |                  |                 |           |
| Toileting       |                  |                 |           | Laundry              |                  |                 |           |
| Walking         |                  |                 |           | Driving              |                  |                 |           |
| Climbing Stairs |                  |                 |           | Using Phone          |                  |                 |           |
| Eating          |                  |                 |           | Managing Finances    |                  |                 |           |

Is there any other information you would like to share with us? \_\_\_\_\_

Do you consent to appointment reminders? Via text: \_\_ yes \_\_ no                      Via email: \_\_ yes \_\_ no

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Staggs Chiropractic - Informed Consent to Chiropractic Treatment

I hereby request and consent to the performance of chiropractic procedures, including various modes of physio therapy, diagnostic x-rays, and any supportive therapies on me (or on the patient named below, for whom I am legally responsible) by licensed doctors of chiropractic and support staff who now or in the future treat me while employed by, working or associated with or serving as back-up for the doctor of chiropractic at BAB Chiropractic PC (dba Staggs Chiropractic), including those working at Staggs Chiropractic, whether signatories to this form or not.

I have had an opportunity to discuss with the doctor of chiropractic or clinic personnel at Staggs Chiropractic the nature and purpose of chiropractic adjustments and procedures.

I understand and I am informed that, as is with all healthcare treatments, results are not guaranteed and there is no promise to cure. I further understand and I am informed that, as is with all healthcare treatments, in the practice of chiropractic, although rare, there are some risks to treatment, including, but not limited to, muscle spasms for short periods of time, aggravating and/or temporary increase in symptoms, lack in improvement of symptoms, fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of treatment, which the doctor feels at the time, based upon the facts then known, is in my best interest.

I further understand that Chiropractic adjustments and supportive treatment is designed to reduce and/or correct subluxations allowing the body to return to improved health. It can also alleviate certain symptoms through a conservative approach with hopes to avoid more invasive procedures. However, like all other health modalities, results are not guaranteed and there is no promise to cure. Accordingly, I understand that all payment(s) for treatment(s) are final and no refunds will be issued. However, prorated fees for unused, prepaid treatments will be refunded if I wish to cancel the treatment.

I further understand that there are treatment options available for my condition other than chiropractic procedures. These treatment options include, but not limited to self-administered, over the counter analgesics and rest; medical care with prescription drugs such as anti-inflammatories, muscle relaxants and painkillers; physical therapy; steroid injections; bracing; and surgery. I understand and have been informed that I have the right to a second opinion and secure other opinions if I have concerns as to the nature of my symptoms and treatment options.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment at Staggs Chiropractic.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date